

Your Healthcare Options in Alberta

We are here to support the health of you and your family. We want to help you receive the care you need when you need it.

If you are experiencing a medical emergency call **911**

For all other health concerns, physical or mental, call 811 to speak to a nurse 24 hours a day, 7 days a week and find out where to go for healthcare that is right for you.

If you need to speak to someone in a language that is not English, simply say the language you wish to speak in and an interpreter will be added to the conversation.

When you call 811, a nurse can help you access these healthcare options:

Family Doctor

Your best option for ongoing health needs, including access to prenatal care if needed, is to find a family doctor.

Walk-In Clinics

If you don't have a family doctor, some communities have walk-in clinics that often don't require an appointment. Walk-in clinics are staffed by family physicians.

Emergency Departments/Urgent Care Centres

Emergency care is for those who are seriously ill or injured. Patients with potentially life-threatening conditions should immediately call 911.

Community & Public Health Centres

Services include adult and child immunizations, pre and post-natal programs, education/counselling/support for parents, health assessment and screening to identify health concerns, and referral to appropriate health care providers such as physicians, and community resources.

Tuberculosis Testing and Treatment

Free tuberculosis (TB) skin testing and other TB services, including the provision of free TB medications, are done at public health centres throughout the province.

COVID-19 Immunizations

You can book an immunization appointment or get immunized by walking in to certain clinics or pharmacies.

Pharmacists

Pharmacists fill and renew prescriptions, provide COVID-19 and some other immunizations, assess minor condition symptoms, offer treatment or refer you to the most appropriate treatment location. COVID-19 rapid test kits are available at pharmacies for use at home.

HIV Services

Outpatient clinics offer assessment, treatment, education and support for people diagnosed with HIV, including access to anti-retroviral medication and referrals to primary care physicians.

Sexually Transmitted Infections Services

Clinics provide assessment, diagnosis, testing and treatment for sexually transmitted and blood borne infections.

Mental Health Helpline

If you are worried about your mental health or the mental health of another, reach out; call the Mental Health Helpline 1-877-303-2642.

For more information visit ahs.ca/ukrainesupport

